

Activities Nafs For Empowerment



جمعية
نفس للتمكين

للاستشارات النفسية والاجتماعية

Nafs For Empowerment

Psychological counseling and social

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Al-balou' – Ramallah-Palestine

- Workshop for Birzeit University students about communication and social work, and course workshop about leadership and team work, 23 students from the Faculty of Education at Al-Najah University.
- Follow up individual cases and providing advice and guidance to them
- Workshop on stress management for 23 psychology students in Alnajah University coordinated with the Faculty of education.



- Participating in a workshop on the role of youth in the change and the achievement of social justice and inclusion of mental health with the Association of Arab Resource in the Jordan
- Workshop “Nafs Empowerment” to empower youth leadership and working as a team for graduates of Psychology and Social Work in the governorate of Hebron.



- A meeting with the president of “Shams Organization” for human rights and “Gaza Center human rights, to exchange Expertise.
- A meeting with the Ministry of Social Affairs representative discussing ways of cooperation.
- A meeting with Dr. Eyad Al Barghouthi, director of Ramallah Center for Human Rights.
- A Joint workshop with Psychiatry Specialists Union in Bethlehem.
- A meeting which included the director of Nafs Mr. Nasser Mattar and the head of Psychology Department at Birzeit University Mr. Mouris, which concluded with agreement on mutual cooperation.
- Workshop about Empowerment and Stress at Palestine Technical College in cooperation with Students Affairs at the College, 22 student and teachers attended.
- Workshop about Empowerment and Stress for parents of students that suffer Autism Spectrum Disorder (ASD) at Surda Center for Autistic Children.
- Italian delegation from the village of Romallo, members of Confronte Organization met with the director, number of Ministers and Parliament Members, the delegation offered condolence for Arguny.
- Participating in the “Voluntary Work” conference with Ramallah Center for Birzeit University students, and lecturing the participating students.
- A Workshop for 15 children from Jalazoon Refugee Camp on leadership and children’s rights.
- Workshop on stress management for 23 psychology students in Alnajah University coordinated with the Faculty of education.
- Accomplishment of a training course on primary guidance and concealing skills, the rights of children and on non violence.
- Workshop on career guidance for 21 psychosocial graduates in the University of Hebron.
- Workshop on the skills of individual and collective guidance for 21 students In collaboration with the Faculty of Educational Sciences